



# POOL AGE GUIDELINES

| ACTIVITIES   | YOUTH 4 AND UNDER                             | NON-SWIMMERS                         |                                      | SWIMMERS*                                       |                               | YOUTH 12+ | 16+ |  |
|--|---|--------------------------------------|--------------------------------------|---|-------------------------------|-----------|-----|--|
|  |   | AGE 5-7                              | AGE 8-11                             | AGES 5-7  | AGES 8-11                     |           |     |  |
|  | <b>With a supervising individual that is:</b> |                                      |                                      |   |                               |           |     |  |
| SWIM IN THE SHALLOW POOL                                 | within arms reach                             | on the pool deck watching them       | in the building                      | on the pool deck watching them                  | in the building               | ✓         | ✓   |  |
| SWIM IN THE MAIN POOL WITH A LIFEJACKET                  | within arms reach                             | on the pool deck watching them       | in the building                      | on the pool deck watching them                  | in the building               | ✓         | ✓   |  |
| SWIM THE THE MAIN POOL WITHOUT A LIFE JACKET             | in the shallow end                            | in the shallow end within arms reach | in the shallow end within arms reach | on the pool deck watching them and a green band | the building and a green band | ✓         | ✓   |  |
| HOT TUB (if applicable) WITH A SUPERVISING INDIVIDUAL    | ✗   | 5 ✗ 6-7 ✓                            | ✓                                    | 5 ✗ 6-7 ✓                                       | ✓                             | ✓         | ✓   |  |
| HOT TUB (if applicable) WITHOUT A SUPERVISING INDIVIDUAL | ✗   | ✗                                    | ✗                                    | ✗   | ✗                             | ✓         | ✓   |  |
| STEAM ROOM AND/OR SAUNA (IF APPLICABLE)                  | ✗   | ✗                                    | ✗                                    | ✗   | ✗                             | ✗         | ✓   |  |

\*A Swimmer is defined as someone who has passed the following swim assessment: Swim 25 yards (1 length) of a forward facing stroke, and then tread water in the deep end for 30 seconds.

†Anyone under 12 who does not complete this assessment must follow the rules for non-swimmers as outlined below.

➤➤➤ POOL AMENITIES SUCH AS HOT TUB, STEAM ROOM AND SAUNA VARY BASED ON LOCATION.