



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# YMCA of Jefferson County Gymnasium Schedule

- This schedule is flexible and subject to change. For the most up-to-date information, visit our website: [www.olympicpeninsulaymca.org/schedules](http://www.olympicpeninsulaymca.org/schedules).
- The gym hours reflect when the gynasium is open to the public and when it is closed. The schedule may not reflect facility hours. For up-to date facility hours view our website: [www.olympicpeninsulaymca.org/location](http://www.olympicpeninsulaymca.org/location).
- Light gray represents when the gym is being used for programming and dark gray represents when the gym is closed to the public.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM	Rec Pickleball 7 - 9 AM	Rec Pickleball 7 - 9 AM	Rec Pickleball 7 - 9 AM	Rec Pickleball 7 - 9 AM	Rec Pickleball 7 - 10 AM	CLOSED
8:00 AM						
9:00 AM	Advanced Pickleball 9 - 11 AM	Advanced Pickleball 9 - 11 AM	Beginner Pickleball 9 - 11 AM	Intermediate Pickleball 9 - 11 AM		
10:00 AM						
11:00 AM	Intermediate Pickleball 11 AM - 12:45 PM	Intermediate Pickleball 11 AM - 12:45 PM	Intermediate Pickleball 11 AM - 12:45 PM	Intermediate Pickleball 11 AM - 12:45 PM	CLOSED	CLOSED
NOON						
1:00 PM	Yoga with Terry 1 - 2 PM	Senior Stretch & Stability with Tracey 1 - 2 PM	Yoga with Terry 1 - 2 PM	PT Silent Flyers 1 - 3 PM		
2:00 PM	CLOSED					
3:00 PM	Child Enrichment 3 - 4 PM					
4:00 PM	OPEN GYM 4 - 5:15 PM	OPEN GYM 4 - 5:15 PM	CLOSED	OPEN GYM 4 - 5:15 PM		
5:00 PM	CLOSED		Drizzle Women's Basketball 5:15-6:30 PM			
	CLOSED				CLOSED	

This schedule is also available at [www.olympicpeninsulaymca.org/schedules](http://www.olympicpeninsulaymca.org/schedules)

YMCA of Jefferson County, 1925 Blaine Street, Port Townsend, WA 98368, 360-385-5811

# Gymnasium Rules and Guidelines

- Pickleball is scheduled through: <https://www.olympicpeninsulaymca.org/jcpickleball>
- Each program may need up to 15 minutes for set up/break down.
- **Drizzle is a women's basketball league and registration is required.**  
Contact the YMCA front desk at [jcfrontdesk@olympicpeninsulaymca.org](mailto:jcfrontdesk@olympicpeninsulaymca.org) to register.
- Only water is allowed in the gymnasium. No other food or beverage.
- Please put items back where you found them.

## Code of Conduct

When you access YMCA facilities and/or programs, you agree to:

1. Uphold the YMCA core values of caring, respect, honesty, and responsibility.
2. Provide an atmosphere free of discrimination, hatred, derogatory or unwelcome comments, intimidation, conduct or actions of sexual nature, or actions based on an **individual's sex, race, ethnicity, age, religion, disability, sexual orientation, gender identity** or any other legally protected status.
3. Be respectful of and cooperative with YMCA staff and others.
4. Adhere to all YMCA guidelines and codes of conduct.  
YMCA staff reserve the right to refuse service and membership to anyone who violates any of these guidelines.

## Group Exercise Classes

**Senior Stretch and Stability:** Using a combination of guided, gentle stretching exercise, full body strengthening movement and assisted standing balances you will build core strength and increase stability.

For additional information or questions, please contact us at:  
[jcfrontdesk@olympicpeninsulaymca.org](mailto:jcfrontdesk@olympicpeninsulaymca.org) or call 360-385-5811 during business hours.