



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA of Jefferson County Pool Schedule

• The light gray areas indicate when the pool is occupied with classes or other programming and not available for open swim.

• **The schedule for all Group Exercise classes, including Aqua Fitness** will also be viewable on our website, www.olympicpeninsulaymca.org/schedules
Search under "Group Exercise Schedules" or use the QR code provided.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM						
6:00 AM						
7:00 AM	Lap Swim 4 Lanes	Lap Swim 4 Lanes			Lap Swim 4 Lanes	
8:00 AM	Open Swim Deep End 7 - 9 am	Open Swim Deep End 7 - 9 am			Deep Water Aerobics Zory Hill 7:15-8:15 am Lap Swim 4 Lanes Open Swim Deep End 7 - 9 am	
9:00 AM	Shallow Water Aerobics Vicki Drury 9:15-10:15 am	Short Course Lap Swim 4 Lanes			Short Course Lap Swim 4 Lanes	
10:00 AM	Short Course Lap Swim 4 Lanes				Open Swim Shallow End 9 am - Noon	
11:00 AM	Open Swim Shallow End 9 am - Noon	Open Swim Shallow End 9 am - Noon			Shallow Water Aerobics Shelly Gould 9:15-10 am	Open Swim 9:30 am - Noon
NOON						
1:00 PM						
2:00 PM			Child Enrichment Swim 1:30 - 3:15 pm			
3:00 PM						
4:00 PM	HS Swim Team 3:30 - 5:30 pm	HS Swim Team 3:30 - 5:30 pm	HS Swim Team 3:30 - 5:30 pm	HS Swim Team 3:30 - 5:30 pm	HS Swim Team 3:30 - 5:30 pm	
5:00 PM	Group Swim Lessons 3:30 - 5:30 pm		Group Swim Lessons 3:30 - 5:30 pm			
6:00 PM	Open Swim 5:30 - 6:30 pm	Open Swim 5:30 - 6:30 pm			Open Swim 5:30 - 6:30 pm	
7:00 PM						