

## YMCA of Jefferson County Pool Schedule

- The light gray areas indicate when the pool is occupied with classes or other programming and not available for open swim.
- The schedule for all Group Exercise classes, including Aqua Fitness will also be viewable on our website, www.olympicpeninsulaymca.org/schedules Search under "Group Exercise Schedules" or use the QR code provided.



	1					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM						
6:00 AM						
7:00 AM			]	Deep Water		
	Lap Swim	Lap Swim		Aerobics	Lap Swim	
	4 Lanes	4 Lanes		Zory Hill 7:15-8:15 am	4 Lanes	
8:00 AM	Open Swim	Open Swim		<b>Lap Swim</b> 4 Lanes	Open Swim	
0.007	Deep End	Deep End		Open Swim	Deep End	HS Swim Team
	7 - 9 am	7 - 9 am		Deep End	7 - 9 am	7:30 - 9:30 am
				7 - 9 am		
9:00 AM	Shallow Water			Short Course Lap	Shallow Water	
	Aerobics Vicki Drury			Swim 4 Lanes	Aerobics Shelly Gould	
	-	Short Course Lap		4 Lanes	9:15-10:15 am	
10:00 AM	<del> </del>	Swim		Open Swim		
10.007	Short Course Lap Swim	4 Lanes		Shallow End 9 am - Noon	Short Course Lap Swim	
	4 Lanes	Open Swim		7 am - 1100m	4 Lanes	Open Swim
		Shallow End		Shallow Water		9:30 am - Noon
11:00 AM	Open Swim Shallow End	9 am - Noon		Aerobics	Open Swim	
	9 am - Noon			Shelly Gould 9:15-10 am	Shallow End 9 am - Noon	
NOON						
1:00 PM	-					
2:00 PM	-		Child Enrichment			
			<b>Swim</b> 1:30 - 3:15 pm			
3:00 PM	-		1.30 - 3.13 pm			
3.00 F W						
4.00.004	<b>HS Swim Team</b> 3:30 - 5:30 pm		<b>HS Swim Team</b> 3:30 - 5:30 pm			
4:00 PM	3.30 - 3.30 pill	HS Swim Team	3.30 - 3.30 pill	HS Swim Team	HS Swim Team	
	Group Swim	3:30 - 5:30 pm	Group Swlm	3:30 - 5:30 pm	3:30 - 5:30 pm	
5:00 PM	<b>Lessons</b> 3:30 - 5:30 pm		<b>Lessons</b> 3:30 - 5:30 pm			
	•		3.30 - 3.30 pill			
6:00 PM	<b>Open Swim</b> 5:30 - 6:30 pm	<b>Open Swlm</b> 5:30 - 6:30 pm		<b>Open Swim</b> 5:30 - 6:30 pm		
	3.30 - 0.30 pill	5.50 - 6.50 pill		3.30 - 0.30 pill		
7:00 PM						