



YMCA of Jefferson County

Pool Schedule

Effective 1/21/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7:00 AM	Long Course Lap Swim 4 Lanes*	Long Course Lap Swim 4 Lanes* 7AM-9	CLOSED	Long Course Lap Swim 4 Lanes*	Long Course Lap Swim 4 Lanes*	CLOSED	
8:00 AM	Open Swim Deep End 7AM-9	DEEP WATER AEROBICS with Zory 7:30-8:30		Open Swim Deep End 7AM-9	Open Swim Deep End 7AM-9		
9:00 AM	Short Course Lap Swim 4 Lanes * Shallow Water Aerobics Vicky 9:15-10:15 am	Short Course Lap Swim 4 Lanes* 9AM-Noon Shallow Water Aerobic with Zory 9:15AM-10:15AM Toddlers Swim Lesson 10:30-11		CLOSED	Short Course Lap Swim 2 Lanes Shallow Water Aerobics Shelly 9:15-10:15 am	Short Course Lap Swim 2 Lanes Shallow Water Aerobics Shelly 9:15-10:15 am	Short Course Lap Swim 4 Lanes* Open Swim Shallow End 9AM-NOON
10:00 AM	Short Course Lap Swim 4 Lanes* Open Swim Shallow End 10:15-Noon	30-11 Open Shallow end 11-Noon			Short Course Lap Swim 4 Lanes* Open Swim Shallow End 10:15-Noon Parent & Child Swim 10:30-11	Short Course Lap Swim 4 Lanes* Open Swim Shallow End 10:15-Noon	
11:00 AM							
NOON	CLOSED						
1:00 PM	SALISH COAST SAFETY AROUND WATER 1-2:30	SALISH COAST SAFETY AROUND WATER 1-2:30	YMCA CHILD ENRICHMENT SWIM 1:30 - 3:15 pm	SALISH COAST SAFETY AROUND WATER 1-2:30	CLOSED		
2:00 PM							
3:00 PM	CLOSED			CLOSED			
4:00 PM	Short Course Lap Swim 4 Lanes* GROUP SWIM LESSONS 3:30-5:30	YOUTH SWIM LEAGUE 3:30-5:30 pm	Short Course Lap Swim 4 Lanes* GROUP SWIM LESSONS 3:30-5:30	YOUTH SWIM LEAGUE 3:30-5:30 pm			
5:00 PM							
6:00 PM	5:30-6:30 Short Course Lap Swim 4 Lanes* Open Swim Shallow End	5:30-6:30 Short Course Lap Swim 4 Lanes* Open Swim Shallow End	5:30-6:30 Short Course Lap Swim 4 Lanes* Open Swim Shallow End	5:30-6:30 Short Course Lap Swim 4 Lanes* Open Swim Shallow End			

*4 lanes: 3 swim & 1 jog/walk